# Postplacental IUD Insertion Training

Name:

Email address:

Training Date:

1. Have you ever placed a postplacental IUD?
   1. Yes
   2. No (Skip to question # 10)
2. If yes, which type?
   1. Mirena
   2. Paragard
   3. Both
   4. Other
3. How many postplacental IUDs do you estimate that you have placed? a. 1-10

b. 11-20

c. >20

1. In what context have you placed postplacental IUDs? (choose all that apply)
   1. University setting
   2. Community/county hospital
   3. Private practice
   4. International setting
2. What method for postplacental **Paragard** placement have you used? (choose all that apply)
   1. Packaged IUD inserter
   2. Ring forceps
   3. Manual placement (using your hand)
3. What method do you prefer MOST for postplacental **Paragard** placement?
   1. Packaged IUD inserter
   2. Ring forceps
   3. Manual placement (using your hand)
4. What method for postplacental **Mirena** placement have you used? (choose all that apply)
   1. Packaged IUD inserter
   2. Ring forceps
   3. Manual placement (using your hand)
5. What method do you prefer MOST for postplacental **Mirena** placement?
   1. Packaged IUD inserter
   2. Ring forceps
   3. Manual placement (using your hand)
6. How often do you use ultrasound guidance to assist with the placement of postplacental IUDs?
   1. Always
   2. More than half of the time
   3. Less than half of the time
   4. Never
7. Have you ever participated in a training or simulation for postplacental IUD placement?
   1. Yes
   2. No
8. What type of obstetrical provider are you?
   1. OB/GYN
   2. CNM
   3. Family Medicine
   4. Other
9. How long have you been in practice?
   1. I am still in training
   2. 1-5 years post-training
   3. 6-10 years
   4. >10 years
10. On a scale of 1-10, how comfortable do you feel with your KNOWLEDGE (indications, contraindications, method, etc) about placing postplacental IUDs?

Not at all comfortable 1 2 3 4 5 6 7 8 9 10 Very comfortable

1. On a scale of 1-10, how comfortable do you feel with your SKILLS placing postplacental IUDs?

Not at all comfortable 1 2 3 4 5 6 7 8 9 10 Very comfortable

# Postplacental IUD Training – Knowledge Test (Pre-Training)

Name

1. After delivery of the placenta, how much time do you have for the ideal placement of the postplacental IUD?
   1. 5 minutes
   2. 10 minutes
   3. 60 minutes
   4. 48 hours
2. If there is a perineal laceration present that is relatively hemostatic, would you place the postplacental IUD before or after the repair of the laceration?
   1. Before
   2. After
3. Which of the following is the correct position for the postplacental IUD?
   1. Anywhere inside the uterus
   2. Above the level of the internal cervical os
   3. At the fundus
4. While one hand is used to insert the IUD into the uterus, the other hand is doing which of the following?
   1. Initially providing traction on the ring forceps grasping the cervix, THEN placed on the abdomen to palpate the fundus and ensure correct placement of the IUD
   2. Holding traction on the ring forceps grasping the cervix THROUGHOUT the IUD placement to stabilize the uterus and ensure correct placement of the IUD
5. To what level should the IUD strings be cut if they are still visible after postplacental IUD placement?
   1. They should not be cut
   2. Cut at the level of the cervix
   3. Cut at 3 cm from the cervix
6. Your patient calls you at 1 week postpartum after an uncomplicated vaginal delivery and postplacental IUD placement. She reports that she saw the IUD fall into the toilet today. She strongly desires another IUD. You tell her the following:
   1. “Come see me in clinic tomorrow and I will place a new IUD right away.”
   2. “I’ll plan to place another IUD at your 4-6 week postpartum visit.”
   3. “You are not a good candidate for another IUD because this one fell out. Let’s come up with another birth control plan for you.”
7. For the following postpartum situations, please indicate whether or not the patient is an appropriate candidate for a postplacental IUD:

|  |  |  |
| --- | --- | --- |
|  | YES | NO |
| HIV positive |  |  |
| Younger than 20 years of age |  |  |
| Temperature of 39 C one hour prior to delivery of the infant |  |  |
| Postpartum hemorrhage of 800 cc |  |  |
| 30 year old with a history of pelvic inflammatory disease at age 25 |  |  |
| Bicornuate uterus |  |  |
| Positive chlamydia test this pregnancy, treated in first trimester |  |  |
| Unable to have a follow-up visit due to insurance status |  |  |

# Postplacental IUD Training – Knowledge Test (Post-Training)

Name

1. After delivery of the placenta, how much time do you have for the ideal placement of the postplacental IUD?
   1. 5 minutes
   2. 10 minutes
   3. 60 minutes
   4. 48 hours
2. If there is a perineal laceration present that is relatively hemostatic, would you place the postplacental IUD before or after the repair of the laceration?
   1. Before
   2. After
3. Which of the following is the correct position for the postplacental IUD?
   1. Anywhere inside the uterus
   2. Above the level of the internal cervical os
   3. At the fundus
4. While one hand is used to insert the IUD into the uterus, the other hand is doing which of the following?
   1. Initially providing traction on the ring forceps grasping the cervix, THEN placed on the abdomen to palpate the fundus and ensure correct placement of the IUD
   2. Holding traction on the ring forceps grasping the cervix THROUGHOUT the IUD placement to stabilize the uterus and ensure correct placement of the IUD
5. To what level should the IUD strings be cut if they are still visible after postplacental IUD placement?
   1. They should not be cut
   2. Cut at the level of the cervix
   3. Cut at 3 cm from the cervix
6. Your patient calls you at 1 week postpartum after an uncomplicated vaginal delivery and postplacental IUD placement. She reports that she saw the IUD fall into the toilet today. She strongly desires another IUD. You tell her the following:
   1. “Come see me in clinic tomorrow and I will place a new IUD right away.”
   2. “I’ll plan to place another IUD at your 4-6 week postpartum visit.”
   3. “You are not a good candidate for another IUD because this one fell out. Let’s come up with another birth control plan for you.”
7. For the following postpartum situations, please indicate whether or not the patient is an appropriate candidate for a postplacental IUD:

|  |  |  |
| --- | --- | --- |
|  | YES | NO |
| HIV positive |  |  |
| Younger than 20 years of age |  |  |
| Temperature of 39 C one hour prior to delivery of the infant |  |  |
| Postpartum hemorrhage of 800 cc |  |  |
| 30 year old with a history of pelvic inflammatory disease at age 25 |  |  |
| Bicornuate uterus |  |  |
| Positive chlamydia test this pregnancy, treated in first trimester |  |  |
| Unable to have a follow-up visit due to insurance status |  |  |

1. After receiving this training, which method do you think that you will use most in practice?
   1. Ring forceps
   2. Manual placement (using your hand)
2. On a scale of 1-10, how comfortable do you feel with your KNOWLEDGE (indications, contraindications, method, etc) about placing postplacental IUDs?

Not at all comfortable 1 2 3 4 5 6 7 8 9 10 Very comfortable

1. On a scale of 1-10, how comfortable do you feel with your SKILLS placing postplacental IUDs?

Not at all comfortable 1 2 3 4 5 6 7 8 9 10 Very comfortable

1. On a scale of 1-5, how helpful do you think this model is for practicing the placement of postplacental IUDs?

Not at all helpful 1 2 3 4 5 Very helpful

1. On a scale of 1-5, how similar do you think this model is to a postpartum uterus?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Not at all similar | 1 | 2 | 3 | 4 | 5 | Model closely replicates |
| to the postpartum uterus |  |  |  |  |  | the postpartum uterus |

1. After completing the training, what are your concerns or fears regarding postplacental IUD placement?

# Postplacental IUD Training – Knowledge Test (6 Months Post-Training)

Name

1. After delivery of the placenta, how much time do you have for the ideal placement of the postplacental IUD?
   1. 5 minutes
   2. 10 minutes
   3. 60 minutes
   4. 48 hours
2. If there is a perineal laceration present that is relatively hemostatic, would you place the postplacental IUD before or after the repair of the laceration?
   1. Before
   2. After
3. Which of the following is the correct position for the postplacental IUD?
   1. Anywhere inside the uterus
   2. Above the level of the internal cervical os
   3. At the fundus
4. While one hand is used to insert the IUD into the uterus, the other hand is doing which of the following?
   1. Initially providing traction on the ring forceps grasping the cervix, THEN placed on the abdomen to palpate the fundus and ensure correct placement of the IUD
   2. Holding traction on the ring forceps grasping the cervix THROUGHOUT the IUD placement to stabilize the uterus and ensure correct placement of the IUD
5. To what level should the IUD strings be cut if they are still visible after postplacental IUD placement?
   1. They should not be cut
   2. Cut at the level of the cervix
   3. Cut at 3 cm from the cervix
6. Your patient calls you at 1 week postpartum after an uncomplicated vaginal delivery and postplacental IUD placement. She reports that she saw the IUD fall into the toilet today. She strongly desires another IUD. You tell her the following:
   1. “Come see me in clinic tomorrow and I will place a new IUD right away.”
   2. “I’ll plan to place another IUD at your 4-6 week postpartum visit.”
   3. “You are not a good candidate for another IUD because this one fell out. Let’s come up with another birth control plan for you.”
7. For the following postpartum situations, please indicate whether or not the patient is an appropriate candidate for a postplacental IUD:

|  |  |  |
| --- | --- | --- |
|  | YES | NO |
| HIV positive |  |  |
| Younger than 20 years of age |  |  |
| Temperature of 39 C one hour prior to delivery of the infant |  |  |
| Postpartum hemorrhage of 800 cc |  |  |
| 30 year old with a history of pelvic inflammatory disease at age 25 |  |  |
| Bicornuate uterus |  |  |
| Positive chlamydia test this pregnancy, treated in first trimester |  |  |
| Unable to have a follow-up visit due to insurance status |  |  |

1. Since your postplacental IUD training, how many postplacental IUDs have you placed?
   1. 0

b. 1-10

c. 11-20

d. >20

1. Which method of postplacental IUD placement do you prefer?
   1. Ring forceps
   2. Manual placement (using your hand)
   3. I like both methods equally
   4. It depends. Please explain:
2. On a scale of 1-10, how comfortable do you feel with your KNOWLEDGE (indications, contraindications, method, etc) about placing postplacental IUDs?

Not at all comfortable 1 2 3 4 5 6 7 8 9 10 Very comfortable

1. On a scale of 1-10, how comfortable do you feel with your SKILLS placing postplacental IUDs?

Not at all comfortable 1 2 3 4 5 6 7 8 9 10 Very comfortable

1. What are the questions or concerns that have come up for you in practice since undergoing the postplacental IUD training?