Physicians' Professional Responsibilities in Abortion Care

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advancing health worldwide™





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Objectives

- Professionalism in medicine
- Guidelines for conscientious refusal
 - Pregnancy options counseling and referral
- Expectations for inclusion in medical education







"Professionalism in the New Millennium: A Physician Charter"

Signed by 130 Organizations









Three Principles

Principle of primacy of patient welfare

Principle of patient autonomy

Principle of social justice





Professional Behavior in Medicine

- Respect, compassion, accountability, altruism
- Patient-centered care
 - Put aside personal values and self-interest in order to prioritize the culture, family, and values of patients
- Principles of professionalism challenges us to be empathetic, respectful, and compassionate toward patients





Abortion Care

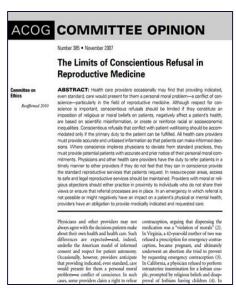
- Provide pregnancy options counseling
 - Accurate, unbiased information
 - Not including your opinion
- Refer for abortion care
- Participate in abortion care
- Manage post-abortion care
- Provide emergency care





ACOG: Conscientious Refusal

- When clinicians claim a right to refuse to provide certain services, refuse to refer patients, or decline to inform patients about their existing options
- Claim that to provide services would compromise their moral integrity
- Widespread in reproductive medicine



ACOG: American Congress of Obstetricians and Gynecologists





Global Doctors for Choice: Conscientious Objection

- Tension between right to exercise conscience and the right for women to receive needed care
- Reviews prevalence, impact, and policy responses
- Conscientious commitment*
- Governments' role in protecting patient care**
- Summarize recommendations by organizations
 - WHO, FIGO
 - The right to refuse is secondary to the first duty - the patient



CONSCIENTIOUS OBJECTION

Conscientious objection and refusal to provide reproductive healthcare: A White Paper examining prevalence, health consequences, and policy responses

Wendy Chavkin a,b,c,*, Liddy Leitman a, Kate Polin a; for Global Doctors for Choice

*Clobal Doctors for Choice, New York, USA *College of Physicians and Surgeons, Columbia University, New York, USA *Mailman School of Public Health, Columbia University, New York, USA

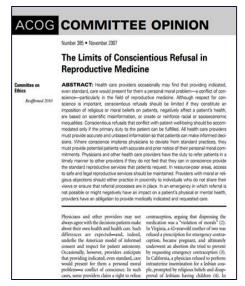




ACOG: Criteria for Assessing Refusal

A clinician cannot:

- Compromise patient autonomy
 - Inadequate counseling
- Threaten patient welfare
 - Delays on needed care
- Undermine scientific integrity
 - Inaccurate information
- Result in discriminatory care
 - Treat a pt. differently because of perceived immorality





ACOG: Responsibilities for Refusal

- Prioritize patient's well-being
- Provide accurate & unbiased information
- Provide potential patients with prior notice of their moral commitments, not use their authority to argue their position
- Refer in a timely manner
- Emergency obligation to provide medically necessary services





WHO: "Clinical Practice Handbook for Safe Abortion Care"

- A woman must make her own decision about whether to have an abortion.
- Counseling requires using simple language, maintaining privacy, supporting women to ask questions and taking time to give answers, and not imposing our personal values and beliefs.



WHO: World Health Organization





FIGO: "Professional and Ethical Responsibilities Concerning Sexual and Reproductive Rights"

- "Assure that a physician's right to preserve his/her own moral or religious values does not result in the imposition of those personal values on women. Under such circumstances, they should be referred to another suitable health care provider."
- "Conscientious objection to procedures does not absolve physicians from taking immediate steps in an *emergency* to ensure that the necessary treatment is given without delay."



FIGO: International Federation of Gynecology and Obstetrics





RCOG: "The Care of Women Requesting Induced Abortion"

- Doctors may refuse to participate in treatment *unless it is necessary* to save life or prevent permanent injury to physical or mental health.
- "If discussing abortion conflicts with religious or moral beliefs, and this conflict might affect the treatment or advice you provide you must explain this to patients and tell them they have a right to see another doctor."



RCOG: Royal College of Obstetricians and Gynecologists





Professionalism Requirements

- Providing pregnancy options counseling
 - Accurate, unbiased information
 - Not including your opinion
- Referring for abortion care
- Participating in abortion care*
- Managing post-abortion care
- Providing Emergency care

*Unless jeopardizes access to care or if necessary





Options Counseling and Referral

- Study of 1144 physicians in 2007
- Would it be ethical to describe why the physician objects to the requested procedure?





- Does the physician have obligation to present all options to patient, including information about the requested procedure?
 - 14% no
- Does the physician have an obligation to refer?
 - 29% no





Undergraduate Medical Education: APGO Learning Objectives

| Intended Learning Outcomes | Level of Competence |
|---|------------------------|
| A. Provide non-directive counseling to patients surrounding pregnancy options | D |
| B. Explain surgical and non- surgical methods of pregnancy termination | кн |

Levels of Competence

 $K = K_{nows}$

KH = Knows How

SH = Shows How

D = Does



APGO: Association of Professors of Gynecology and Obstetrics





Graduate Medical Education: ACGME Competencies

"No program or resident with a religious or moral objection shall be required to provide training in or to perform induced abortions. Otherwise, access to experience with induced abortion must be part of residency education. This education can be provided outside the institution. Experience with management of complications of abortion must be provided to all residents."

ACGME: Accreditation Council for Graduate Medical Education





Graduate Medical Education: CREOG Objectives

- Residents should be able to counsel pregnant patients on alternatives available to them, including induced abortion and adoption.
- Residents who decide not to provide this service because of a moral objection still should be able to counsel patients, make appropriate referrals, and manage postabortal complications.

CREOG: Council on Resident Education in Obstetrics and Gynecology





and Gynecology

Conclusions



- Professionalism requires us to put our values aside to prioritize patient care, and if we can't, we have obligations to patients.
 - Importance of Values Clarification
- Pregnancy options counseling and referral are critical components of clinical care.



