

## Medication Abortion Lesson Plan

### Learning Objectives:

By the end of the session, learners will be able to:

- Understand the difference between medication abortion and emergency contraception
- Recognize that medication abortion is safe and highly acceptable to patients
- Identify different medication abortion regimens used worldwide, including which is most effective
- Describe how medication abortion works
- Describe contraindications and precautions for medication abortion
- Evaluate for the completion of medication abortion

### Video Lecture:



Medication Abortion

Presented by Lealah Pollock MD, MS

Available at <https://www.innovating-education.org/2019/05/medication-abortion/>

### Citations:

[Teal, et al. Contraception. 2007](#)

[Guttmacher Institute – State Laws & Policies](#)

[Johnson JE. J Pers Soc Psychol, 1973](#)

[Davis A. et al. JAMWA, 2000](#)

### Lesson Plan in a Flipped Classroom Setting

#### Medication Abortion

Using a flipped classroom model, this lesson plan will use the video lecture and additional resources to provide learners with an engaging learning environment. [Here's how](#) to use this course in a “flipped-classroom” at your own institution.

### Teaching Points:

- Medication abortion is safe and highly acceptable to patients
- Administering medication abortion doesn't require a lot of additional training or setup for clinicians to be able to provide

### Time Required:

Total Time of Video Lecture: 11:38 min

Estimated Independent Prep Time Required by Learner: 15 min

Total Estimated Time Required for In-Classroom Activity: 30 min-1 hr

### Materials Required and Instructor Preparation:

- Learners will need internet access with enough bandwidth to view streaming videos.
- The instructor should print copies of the small group activity quiz (page 3) included in this packet.

### Individual Activity:

#### *Medication Abortion Lecture*

- Learners can watch didactic lecture before the workshop in a flipped classroom model or during class time.
- Learners may be assigned any of the following relevant readings (determined by instructor's desired learner work-load) as outlined in the "Suggested Readings" section on page 1.



### In-Classroom Activity

- Divide the classroom into small groups and distribute the small group activity quiz (page 4-5). Instruct learners to spend 15 minutes and work together to answer the questions provided.
- At the end of this activity, convene the class. Present the questions and have learners share their answers and discuss.
- Write the correct answers on the board for the class to see. Collect each handout from learners
  - The instructor can reference the answer sheet on page 4



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Names

## Medication Abortion

### Small Group Activity Quiz

#### Questions:

In your group, answer the following questions referencing the video lecture assigned before class. Be prepared to turn in this handout at the end of class.

1. What is the complication rate of medication abortion?
  - a. 5%
  - b. 3%
  - c. 1%
  - d. <.5%
2. True or False: Patients find medication abortion highly acceptable.
3. Which of the various medication abortion regimens used worldwide is the most effective?
  - a. Methotrexate + Misoprostol to 7 weeks
  - b. Mifepristone + Misoprostol to 10 weeks
  - c. Misoprostol alone to 9 weeks
4. The FDA protocol for the Mifepristone-Misoprostol regime suggests which of the following?
  - a. 200 mcg Mifepristone + 800mg Misoprostol administered buccally
  - b. 200 mg Mifepristone + 800mcg Misoprostol administered buccally
  - c. 400 mg Mifepristone + 800mcg Misoprostol administered orally
  - d. 200 mcg Mifepristone + 800mg Misoprostol administered vaginally
5. The initial visit for medication abortion should include which of the following (choose all that apply):
  - a. Establishing the gestational age
  - b. Reviewing contraindications or precautions
  - c. Counseling on what to expect during the process
  - d. Evaluate for ectopic pregnancy
  - e. All of the above
6. What are options for confirming completion of the abortion?
  - a. Ultrasound
  - b. Checking the patient's Beta hcg levels
  - c. Having a patient take a urine pregnancy test
  - d. a & b
  - e. None of the above

Counseling for Pregnancy Ambivalence  
Small Group Activity Quiz

Answers

1. What is the complication rate of medication abortion?
  - a. 5%
  - b. 3%
  - c. 1%
  - d. **<.5%**
  
2. True or False: Patients find medication abortion highly acceptable.  
**True**
  
3. Which of the various medication abortion regimens used worldwide is the most effective?
  - a. Methotrexate + Misoprostol to 7 weeks
  - b. **Mifepristone + Misoprostol to 10 weeks**
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  - c. Having a patient take a urine pregnancy test
  - d. **a & b**
  - e. None of the above